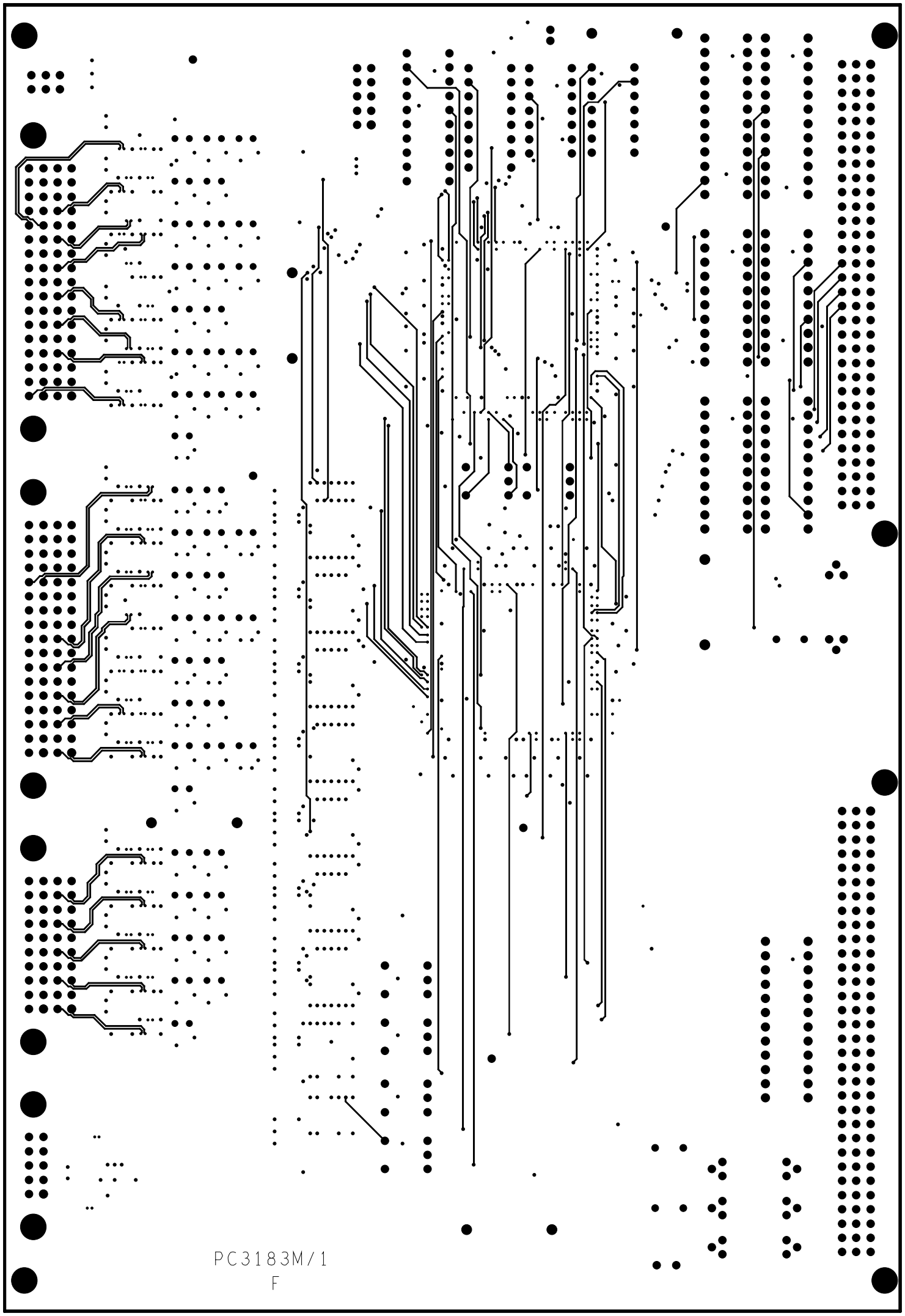F INNER TRACKS 4